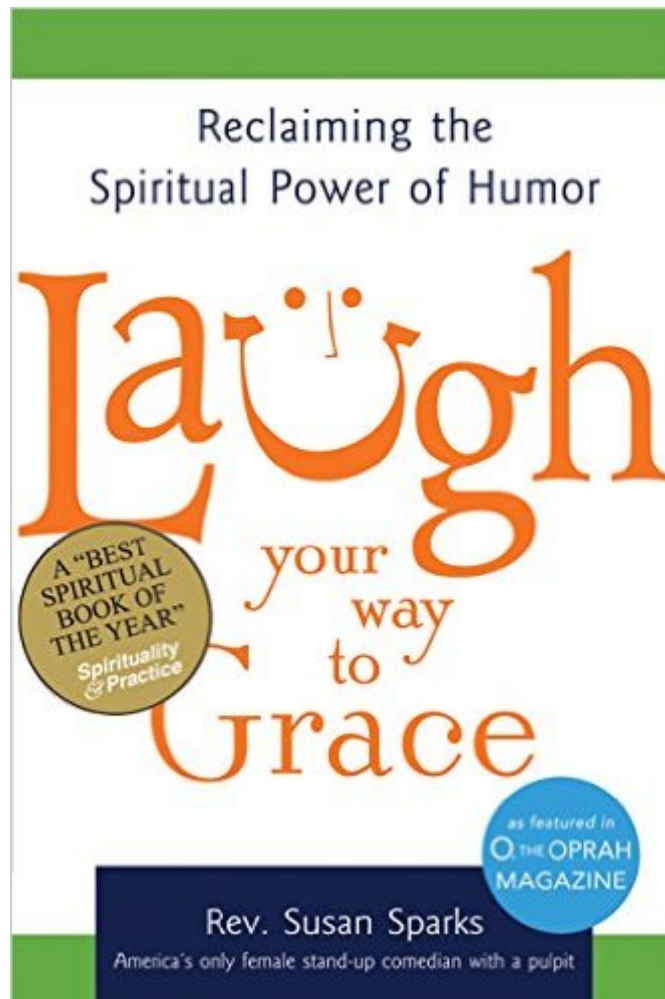


The book was found

Laugh Your Way To Grace: Reclaiming The Spiritual Power Of Humor



Synopsis

Laughterâ•the GPS System for the SoulLaughter was honored by the ancients as a spiritual healing tool and celebrated by the world's great religions. So why arenâ™t we laughing along the spiritual path today? What would happen if we did?In this personal and funny look at humor as a spiritual practice, Rev. Susan Sparksâ•an ex-lawyer turned comedian and Baptist ministerâ•presents a convincing case that the power of humor radiates far beyond punch lines. Laughter can help you:Remove the fearful mask of a God who doesnâ™t laughDebunk the myths that you donâ™t deserve joyFind perspective when faced with adversityExercise forgiveness for yourself and othersReclaim play as a spiritual practiceHealâ•emotionally, physically, and spirituallyKeep your faith when God is silentLive with elegance, beauty, and generosity of spiritWhatever your faith traditionâ•or if you have none at allâ•join this veteran of the punch line and the pulpit in reclaiming the forgotten humor legacy found in thousands of years of human spiritual history.

Book Information

Paperback: 176 pages

Publisher: SkyLight Paths; 1 edition (May 1, 2010)

Language: English

ISBN-10: 1594732809

ISBN-13: 978-1594732805

Product Dimensions: 6 x 1.1 x 22.9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (52 customer reviews)

Best Sellers Rank: #321,812 in Books (See Top 100 in Books) #125 inÂ Books > Christian Books & Bibles > Theology > Anthropology #132 inÂ Books > Humor & Entertainment > Humor > Religion #388 inÂ Books > Humor & Entertainment > Humor > Self-Help & Psychology

Customer Reviews

Susan Sparks has done the remarkable: She has written a book that is touching, informative and funny, all at the same time. She has a skilled way of making spiritual and theological concepts accessible to every reader. You will learn something about yourself, others and God from this book. And more importantly, you will have a clearer glimpse into a God who who laughs with us, all the time cheering us on to deeper insights and more fulfilling life. I am in Susan debt for helping me see the God I worship is also one I smile with, and indeed laugh with. God seems closer to me as a result of reading this book. Fr. Edward L. Beck, C.P.[...].

Anyone who has ever seen a baby erupt with belly laughs knows that we humans were created to laugh, no matter how messy our diapers are. God obviously has a sense of humor, but somehow in the process of trying to live our lives as faithful people we've managed to smother a lot of God-sparked joy. So thank God for Susan Sparks! By immersing ourselves in her honest insights, her warm encouragement, and her hysterical stories, we're able to shatter the crust around our hearts that has kept us from fully experiencing the grace of life as God intended.-- Peter Wallace, host and producer of the weekly national radio program "Day1," and author of "Living Loved: Knowing Jesus as the Lover of Your Soul"

Just devoured this book whole... it is wise, wonderful, and a joy to read... think Anne Lamott meets David Sedaris. Incredible!

I bought this book on a whim because it came up as a suggestion. I am so glad I bought it. I love how Susan Sparks uses stories from her own life to show the importance of laughing. She talks about fighting breast cancer, overcoming anger and healing by using humor. I plan on purchasing more copies and giving them away as gifts. This is a great book and I highly recommend it!

Love it! I recommend it to anyone who cherishes their spiritual life and their health (laughter is great medicine). Susan Sparks gives volumes to live by and reflect on, in this book. So happy that it's Kindle friendly!

"Laugh Your Way to Grace" gives you ample logical reasons to embrace humor in your spiritual journey. God is everywhere, especially in the laughter of children and in the many events of our lives, not only at church. This book is blessed and you cannot go wrong in ordering several copies for yourself and your closest family members and friends in their time of need. They will thank you. Highly recommended. Thomas Huynh, founder Sonshi

I laughed out loud more than once while I was reading this and could relate so so much of Ms. Sparks wit and wisdom. I am a Parish Nurse with a rather bizarre sense of humor myself and found this book to be helpful in my own ministry.

Currently reading this book for a spiritual book club at my church. We are enjoying the writer's style

of prose and the thought provoking concepts she tackles. It is simplistically written, which was what we were looking for after some challenging books. However, despite its simplicity, it has allowed for wonderfully deep discussion and dialogue within our group!

[Download to continue reading...](#)

Laugh Your Way to Grace: Reclaiming the Spiritual Power of Humor How Can You NOT Laugh at a Time Like This?: Reclaim Your Health with Humor, Creativity, and Grit The Subtle Power of Spiritual Abuse: Recognizing and Escaping Spiritual Manipulation and False Spiritual Authority Within the Church Beginning Power BI with Excel 2013: Self-Service Business Intelligence Using Power Pivot, Power View, Power Query, and Power Map Power Pivot and Power BI: The Excel User's Guide to DAX, Power Query, Power BI & Power Pivot in Excel 2010-2016 Don't Quit Yet! How to Handle Co-Worker Friction with Tenacity, Humor, and Grace Laugh Your Way to Happiness: The Science of Laughter for Total Well-Being Laugh Your Way to Real Estate Sales Success: For Real Estate Agents, WannaBes, UsedToBes, & Those Who Love Them! Between Heaven and Mirth: Why Joy, Humor, and Laughter Are at the Heart of the Spiritual Life Reclaiming Conversation: The Power of Talk in a Digital Age Mindfulness Meditation for Pain Relief: Guided Practices for Reclaiming Your Body and Your Life The Healing Power of Humor Discover Your Spiritual Gifts: The Easy-to-Use Guide That Helps You Identify and Understand Your Unique God-Given Spiritual Gifts Daily Grace for Teens (Daily Grace Series) Grace Upon Grace: Spirituality for Today Wild Grace: What Happens When Grace Happens Grace: Her Lives, Her Loves - the definitive biography of Grace Kelly, Princess of Monaco The Grace of God and the Grace of Man: The Theologies of Bruce Springsteen Grace to Save: Contemporary Christian Romance (Serenity Landing Tuesdays of Grace Book 1) Grace Alive (Grace Alive Series Book 1)

[Dmca](#)